

Application & Questionnaire

Please email one copy to RAJust@tx.rr.com and one copy to nicholebakeryoga@gmail.com

Name:

Birthdate/age

Email Address

Phone

Address

City/State

Please answer the following questions.

1. Why do you want to participate in this teacher training program?
2. Describe what the Iyengar method is for or to you.
3. Describe your asana and pranayama practice.
4. List your yoga teacher(s) and length of study with each.
6. Are you currently teaching? If yes, where?
7. Are you a certified Iyengar yoga teacher? If so, what level?
8. Are you interested in going up for assessment? If so, what level and when do you plan to assess?
9. Do you have any physical injuries or medical conditions? If yes, please describe.

Please attach additional sheets as needed. Thank you for your interest.